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Living In The Light: A Guide To Personal And Planetary Transformation



Synopsis

In *Living in the Light*, Shakti Gawain introduced a powerful new way of life: that of listening to one's own intuition and relying on it as a guiding force. In the newly revised edition of that classic work, she elaborates on her original ideas, adding aspects of her own experiences and learning process over the past twelve years. In addition to balancing feminine and masculine energies, she now examines several other fundamental polarities we all have, such as power and vulnerability. Everyone's life journey involves developing the full range of self and acknowledging all aspects of one's personality—including both light facets and dark.

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Customer Reviews

"Living In The Light is very powerful...it can transform your life." -- Dr. Wayne Dyer, author of *The Sky Is The Limit*. Since its publication more than a decade ago, *Creative Visualization* had helped thousands of people explore and connect with their higher selves and create dynamic changes in their lives. Now Shakti Gawain leads readers on a new journey of spiritual growth and fulfillment in *Living In The Light*. Using simple, effective exercises, meditations, and affirmations, Shakti Gawain gently shows you the path to getting in touch with your intuition and acting on it. Learning to trust the creativity that flows through the universe, the source of intuition, can transform your life in many ways by: creating new pattern for successful relationships, discovering the energy of the universe within your sexual being, finding the work that you love -- and blurring the line between work and play, nurturing the spiritual power of your children, overcoming the negative thinking that limits your finances, health, and happiness. A clear and practical guide for developing your intuition, *Living In*

The Light shows the way to greater aliveness and creativity and to a transformation of the world around you. --This text refers to an out of print or unavailable edition of this title.

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This book is a MUST READ for anyone trying to access the inner self. It's so basic and all of it makes total sense. Translated into all literate countries! It will help you get to know all about intuition, how to access and how to use it. Most of my large adult family owns it!

Changed how I live my life and helped me to understand my role in The Universe. I have given away countless copies and then bought two more! This book inspired my reading every book by Shakti Gawain. Ready for some rereads!

This book is my bible. This is the 4th or 5th copy of this book I have owned, over the years. There is no book I recommend more frequently or highly than this.

After loaning my original copy of this book to a friend without its return, I have to say I was quite excited about this book's arrival! Upon ordering I was under the mistaken impression that the only

change to the book was the artwork on the cover, however after reading the first chapter I realized this was not the case. Much to my chagrin Ms. Gawain has taken a second look and changed many things. Suffice it to say, my initial enthusiasm at returning this book to my library has diminished and I will continue my search for the first version.

Great book

Purchased this book for a friend. I've had it for 13 yrs myself...it's one of my bibles. One of the many books that helped me launch my spiritual journey! Very informative if you are looking to change your life.

I have not read it yet, but so far what I see I like. My friend loved it so I ordered a copy for her. Hopefully I will enjoy it, I know I will actually.

.The lessons in the book, as I see them, are following your intuition; learning who you really are, and the aspects of your personality that are holding you back. Self-knowledge is vital to success in life and this book helps you begin to learn who you are, truly; Not who you think you are.

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